

# Elias I. Fanous, Jr., M.D., P.A.

**You must call our office to confirm your appointment** 48 business hours prior to your procedure at 903-526-3030. **If you do not call to cancel within 48 business hours, you will be charged a \$325 no show fee.** Monday appointments must be canceled by Thursday.

## **M2A CapsoCam PLUS**

### **Day Before Procedure:**

- Breakfast followed by a light lunch
- After lunch begin a clear liquid diet until 10pm the night before the procedure (nothing red to drink).
- Take 17 grams of Miralax (1<sup>st</sup> packet) with full glass of water at bedtime or 10pm.
- Nothing to drink after 10pm (small sips of water with medications).
- Nothing to eat after Midnight

**NOTE:** If taking an oral iron supplement, please stop this 4 full days prior to the test.

### **Day of Procedure:**

- Hold medications until 2 hours after ingestion of capsule unless your doctor deems it necessary, then take small sips of water with medications.
- Take 17 grams of Miralax (2<sup>nd</sup> packet) with full glass of water one (1) hour prior to appointment.
- Resume clear liquids 2 hours after ingesting capsule.
- Resume solid foods (light lunch) 4 hours after ingesting capsule.
- Take 17 grams of Miralax (3<sup>rd</sup> packet) with full glass of water at this time.

### **NOTE:**

- It takes on average about 48 hours to pass the capsule. If you haven't passed the capsule at 72 hrs. after capsule ingestion, contact your doctor.
- Please adhere to the instructions for capsule retrieval and send back in your **Fed-Ex package**.
- Visit [www.capsovision.com/products/capsoretrieve](http://www.capsovision.com/products/capsoretrieve) to watch the retrieval video.
- Your study's success depends on you successfully retrieving the capsule and returning it via Fed-Ex . If you lose the capsule, you lose the study data and may have to repeat the test.
- **IF YOU DO NOT RETURN THE CAPSULE VIA FED-EX YOU MIGHT BE CHARGED \$400 TO REPLACE THE CAPSULE.**

Procedure Date/Check In Time: \_\_\_\_\_

**921 Shiloh Rd Suite C-300  
Tyler, Texas 75703**

If you have any questions before, during or after the procedure, please contact Tara at 903-526-3030