

Elias I. Fanous, Jr., M.D., P.A.

You must call our office to confirm your appointment **48 business hours** prior to your procedure at 903-526-3030. If you do not call to cancel within **48 business hours**, you will be charged a **\$300 no show fee**. Monday appointments must be cancelled by Thursday.

Miralax Colon Prep

You will need to purchase a 238 gram bottle of Miralax and 4 Dulcolax stool softener tablets.

1. **Beginning the day before your procedure when you wake up**, you may have clear liquids only. Clear liquids include: beef or chicken broth, jello (no red), coffee (no creamer), tea, sodas, apple juice, popsicles (no red), and water. You may not have tomato juice, orange juice, or any dairy products or red dyes. *****DO NOT EAT ANY SOLID FOODS THE ENTIRE DAY BEFORE YOUR PROCEDURE.*****
2. Starting at noon the day before your procedure, take 4 Dulcolax tablets. At 5:00pm, mix the whole bottle of Miralax with 64 ounces of Gatorade or juice (no red). Shake until dissolved. Drink 8 ounces every 10-15 minutes until all solution is gone.
3. You may continue to have clear liquids up until 6 hours prior to your procedure. **You may not have anything after this time.**

You may take any medications that are not listed below. You may also take Tylenol or extra strength Tylenol. **All medications listed below should be stopped 5 days prior to your procedure:**

Aspirin	Plavix	Aggrenox	Ecotrin	Relafen	Dicumarol
Agrylin	Flalan	Trental	Ticlid	Aggrostat	Ibuprofen
Advil	Excedrin	Bextra	Motrin	Feldene	Aleve
Naproxyn	Celebrex	Vioxx	Mobic	Orudis	Voltaren
Lodine	Nalfon	Ansaid	Anacin	Naprosyn	Oruvail
Toradol	Doan's	Meclamen	Persantine	Daypro	Clinoril
Tolectin	Vitamin E	Pletal	Coumadin	Warfarin	Salsalate
Pradaxa	Xarelto	Dipyridamole	Tylenol	Arthritis	Any other "blood thinner"

Procedure Date/Check In Time: _____

Olympic Plaza 2nd Floor
 Digestive Disease Center
 700 Olympic Plaza
 Tyler, TX 75701

Mother Frances Northpark Plaza
 Digestive Disease Center 4th Floor
 910 E. Houston St. Suite 400
 Tyler, TX 75701

YOU MUST HAVE SOMEONE HERE WHEN YOU ARE DISCHARGED TO DRIVE YOU HOME.
****** THIS DOES NOT INCLUDE A TAXI. ******